

'PURE PLEASURE' THE GUARDIAN

★★★★★ THE INDEPENDENT

★★★★★ BBC MUSIC MAGAZINE

★★★★★ THE TIMES

★★★★★ THE TELEGRAPH

20
ARMONICO
CONSORT
- YEARS -

OZ & ARMONICO'S 200 MILE BIKE CHALLENGE

Unlocking Memories With Music



FRI 02 SEP – MON 05 SEP 2022

**HELP US TO BRING THE BENEFITS OF MUSIC
TO PEOPLE LIVING WITH DEMENTIA**

DONATE ONLINE:

www.armonico.org.uk/bike200

www.armonico.org.uk

Registered charity no. 1103159



Many thanks to Roger Medwell MBE DL, and Paul Rivers and RE: Digital Group for their sponsorship. Our thanks also to Phillips 66 & JET, Bludog, and Corratec Electric Bikes for their continued support.



AC Academy is generously supported by Phillips 66 & JET and endorsed by The Royal Albert Hall

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OZ & ARMONICO'S 200 MILE BIKE CHALLENGE

Unlocking Memories With Music

Led by TV presenter, wine expert and singer Oz Clarke, Armonico's intrepid group of cyclists will be back on the road again in September for their third epic ride. This time they will be riding a 200-mile route from the Consort's home in Warwick to the home of iconic British composer Benjamin Britten in Aldeburgh, Suffolk, to mark 60 years since the premiere of his masterpiece, the "War Requiem", in Coventry Cathedral. Their aim – to raise £10,000 to support our "Memory Singers" projects for people living with dementia and their carers.

Along the route, our musicians will be entertaining residents of care homes, bringing Armonico's trademark mix of beautiful baroque music, inspiring rhythms, and irreverent fun to help residents reconnect with their memories through music – even residents with advanced dementia can end up singing along, dancing and playing percussion.

Your donation will support:

- Our regular open-access "Memory Singers" sessions for **people living with dementia** and their carers in the community
- Our projects in care homes where we provide participatory **mini-concerts** for residents

YOUR SPONSORSHIP PER MILE COULD BUY...

£20

10p
 per mile



Refreshments for participants and their carers at a "Memory Singers" session.

£100

50p
 per mile



Venue hire costs for at least two "Memory Singers" sessions.

£200

£1
 per mile



Support our brilliant "Memory Singers" session leaders.

£400

£2
 per mile



Meets the full day costs of a "Memory Singers" session.

**PLEASE HELP US REACH
 OUR £10,000 GOAL BY
 DONATING ONLINE:
www.armonico.org.uk/bike200**

Give whatever you can. Donate safely and securely online. Please add Gift Aid if you can - it increases the value of your donation at no cost to you.

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