## **Risby Park Newsletter**

August, September & October 2020

## **Message from Moira**

Welcome to our Autumn Newsletter 2020

Autumn is a beautiful time of the year especially in the Countryside, wonderful Colours and nature getting ready for its winter slumber.

2020 so far has been an eventful year for all of us.

It has been hard for all of us not to be able to meet up in person with our loved ones, to touch, hug and have a cuddle.

For our residents some of whom do not understand it has been very painful and unsettling. They have been so resilient and patient will all of the changes in particular keeping in touch with their families.

We were able to supply a WHATSAAP Phone and have socially distanced meetings in the conservatory then lockdown 2 came and we had to make do with window visits. That was fine until the weather turned.

This week, November the 23<sup>rd</sup>, we have built our visiting POD.

We have moved the front door so that relatives can see their loved ones behind a screen and the feedback has been promising so far!

With winter approaching we are determined to do everything we can to continue to protect everyone receiving and providing care at Risby Park.

We are continuing to test our staff weekly and residents every 28 days and this gives us reassurances that we are hopefully keeping COVID at bay.

Please stay safe this winter Be Patient and God willing there will be a vaccination around the corner.



# **Autumn Painting**



We are very lucky to have such wonderful grounds here at Risby Park.

We had been talking about autumn and how the leaves on the trees were changing. This inspired us to do some painting using the beautiful colours of autumn.





Jolly hockey sticks!

#### Game on!

The residents enjoyed a very competitive hockey match.
We lost count of the score but a great time was had by all and I can report that the match was entirely injury free.





## Our annual Harvest Festival Sheaf





# End of an era

After an incredible 30 years service working here at Risby Park, Pat finally hung up her apron. We will all miss Pat and her wonderful scrummy cakes.

# Halloween

There were plenty of SPOOKTACULAR goings on within the home. We had great fun pumpkin carving – even if it was incredibly messy!





We hope that you all enjoyed the RISBY HEROES video. It will feature in the next newsletter.

The activity team are busy preparing for Christmas and compiling the Christmas activity timetable.

It's certainly going to be different this year!

# CHRISTMAS HAPPY NEW YEAR

#### **Regular Events at the home**

Music Therapy every Thursday afternoon – now proceeding on Zoom with Lucy
Pet Therapy every Tuesday afternoon – cancelled until further notice
Holy Communion and Hymn service monthly – cancelled until further notice
Exercise Therapy fortnightly – with Exercise Ed

**Childminding Group**, Thursday morning, fortnightly – cancelled until further notice **Regular Art Therapy** every Wednesday

**Beauty Therapy** 

**Brookes UK Nursery and Reception Group visit**, Monday afternoon, fortnightly – cancelled until further notice

