

What's this all about?

After several conversations with various people we decided to have a newsletter that would bring together a little bit from each home to show the amazing achievements amongst those who live and work within our communities. So welcome to our first TPIC newsletter. Within each edition we will be introducing you to people within our homes, telling you about what has been going on and what is planned in the future.

Music therapy and a visit from the King

Last month the staff and residents of the **Prince of Wales** were visited by the King himself, Elvis Presley.

They have also been working with their Music Therapist and Halifax school pupils to develop a performance of War Songs. A lot of fun was had by all during rehearsals and the resulting performance was a wonderful occasion. Staff dressed up to match the era creating memories for residents and showing school children what the outfits of the day were.



Spring has sprung at TPIC

Recently David and Jock at **Risby Hall** gave Steve a hand with power washing the garden path ready for residents and relatives to enjoy the sunshine in the garden.



Happy Birthday Alan

On 20th March Alan celebrated his 90th birthday with all his family and friends at **Risby Hall**. There was a party and a big chocolate cake to share.



A refresher on... Mental Capacity

Mental capacity is the ability to make your own decisions. When you make a decision you need to be able to understand the information given to you, retain it and weigh it up. You also need to be able to communicate that decision. There are many reasons why someone may lack mental capacity for example a stroke or brain injury, dementia, a learning disability, a mental health problem or substance misuse.

5 key principles of the Mental Capacity Act:

1. Every adult has the right to make his or her own decision.
2. Individuals should be supported to make their own decisions.
3. Just because an individual makes what might be seen as an unwise decision they should not be treated as lacking capacity to make that decision, nor should it affect their ability to make any other decision in the future.
4. An act or decision made under the act must be done in their best interests.
5. Anything done for or on behalf of a person who lacks capacity should be the option that least restricts their basic rights.

Dates for your diary

Friday 3rd July – TPIC 30th Anniversary
Country Fayre (look out for more details).



Easter was celebrated at **Hazell Court** by Diane helping the Easter Bunny hide chocolate eggs in the garden. Diane then later handed eggs to residents in the home. Mother's day was a busy time at Hazell Court with families visiting. Joyce was surrounded by her family and was given a big basket of flowers to brighten up her room.



Residents at **Sherrington house** were approached by a local gospel choir as they wanted to give something to the community. Over 20 singers came to the home on a Saturday afternoon and entertained us with songs and readings. Residents joined in singing and clapping, they were captivated with the children who then joined the adults and enjoyed refreshments and chats for the rest of the afternoon



Workshops are being held at **Beech House** to increase the understanding of the importance of Person Centred care and how to make the best use of the sensory equipment held within the Home. Some of our latest additions to this equipment are multi-pocketed belts filled with an assortment of tactile objects for the carers to use to help stimulate conversation and interaction between themselves and residents. Our handyperson has also created two mystery boxes that can be filled with different textured items for the residents to guess what's inside just by feel. This has produced many fun filled sessions and attracts large crowds wanting to try. Another area that is currently in progress is the use of massage and the benefits to increase peace and tranquillity as well as stimulation. With this in mind, we are holding workshops to show carers a few basic massage techniques.



Meet Dennis, a resident at Risby Park

“Since living in **Risby Park** and after the loss of my dear wife Pamela in 2008, I have been searching for some meaning to my day. I keep myself busy with gardening, and only recently I cleared out our green house and have everything ready for the planting. Nick the gardener, has been helping me with keeping the hedges down, and maintaining our beautiful gardens in Risby. He is a great friend. I do feel that with my daily life and the friends that I have made I am involved in the running of the home.....very much so. For the last 5 weeks I have been working in the office with the Governor, I am learning new things every day, and understand more about how we are all looked after. I manage the phones, and am also involved in interviews when they take place. To be honest I love being in the office, I look forward to getting up in the morning, excited for my day to start. I ensure that I wear a fresh tie each day. On the weekends, after I've had my cooked breakfast and a cup of tea, I go down to the office to man the phones and read my paper. My friends make sure that I am provided with tea and snacks, and help to get ready for lunch. I love them all here, and I wouldn't change these people for anything, even the tall girls are lovely always stopping to talk to me, I feel very loved.” Dennis Haldenby



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